

| Botanical Name                   | Common Name(s)   | Origin       | Flower / fruit               | Height / Size | Type of Plant | Edible Part                            |
|----------------------------------|--|--------------|------------------------------|---------------|---------------|--|
| <i>Abutilon hybridum</i>         | Chinese Lantern, Flowering Maple, Chinese Bell Flower                                | Brazil       | Pink, purple, apricot shades | < 10ft        | Annual        | Flowers                                |
| <i>Aeonium arboreum</i>          | "Rose shaped succulent"  | North Africa |                              | 3ft           | Succulent     |  |
| <i>Aeonium haworthii</i>         | "Rose shaped succulent" / hort   | North Africa |                              | 25cm          | "Aloe"        |  |
| <i>Aeonium spp.</i>              | Approximate 20 other species presumed ok as edible plants, but this is not confirmed |              |                              |               |               |  |
| <i>Agave parryi</i>              | Century Plant, American Aloe, Century Plant  | America?     |                              | >5ft          | "Aloe"        |  |
| <i>Albuca albizia</i>            |  | South Africa |                              |               | Bulb          | Flowers                                |
| <i>Albuca altissima</i>          |  | South Africa | Green & White                | 1m            | Bulb          | Flowers                                |
| <i>Albuca amboensis</i>          |  | South Africa |                              |               | Bulb          | Flowers                                |
| <i>Albuca angolensis</i>         |  | Angola       | Yellowish                    | 90cm          | Bulb          | Flowers                                |
| <i>Albuca aurea</i>              |  | South Africa | Pale Yellow                  | 60cm          | Bulb          | Flowers                                |
| <i>Albuca batteniana</i>         |  | South Africa |                              |               | Bulb          | Flowers                                |
| <i>Albuca canadensis</i>         |  | South Africa | Greenish Yellow              | 45-60cm       | Bulb          | Flowers                                |
| <i>Albuca clarwilliamigloria</i> |  | South Africa |                              |               | Bulb          | Flowers                                |
| <i>Albuca cooperi</i>            |  | South Africa |                              |               | Bulb          | Flowers                                |
| <i>Albuca exuviata</i>           |  | South Africa |                              |               | Bulb          | Flowers                                |
| <i>Albuca fastigiata</i>         |  | South Africa | White                        | 40cm          | Bulb          | Flowers                                |
| <i>Albuca flaccida</i>           | Soldier-in-a-box   | South Africa | Pale Yellow                  | 40cm          | Bulb          | Flowers                                |
| <i>Albuca fragrans</i>           |  | South Africa |                              |               | Bulb          | Flowers                                |
| <i>Albuca humilis</i>            |  | South Africa | yellow & green               | 12cm          | Bulb          | Flowers                                |
| <i>Albuca longifolia</i>         |  | South Africa |                              |               | Bulb          | Flowers                                |
| <i>Albuca longpipes</i>          |  | South Africa | Green & Cream                |               | Bulb          | Flowers                                |
| <i>Albuca major</i>              |  | South Africa |                              |               | Bulb          | Flowers                                |
| <i>Albuca maxima</i>             |  | South Africa | White & green stripes        | 75cm          | Bulb          | Flowers                                |
| <i>Albuca namaquensis</i>        |  | South Africa |                              |               | Bulb          | Flowers                                |
| <i>Albuca Nelsoni</i>            |  | South Africa |                              | 1.2-1.5m      | Bulb          | Flowers                                |
| <i>Albuca polyphylla</i>         |  | South Africa |                              |               | Bulb          | Flowers                                |
| <i>Albuca pumila</i>             |  | South Africa |                              |               | Bulb          | Flowers                                |
| <i>Albuca setosa</i>             |  | South Africa | yellow & green               |               | Bulb          | Flowers                                |
| <i>Albuca Shawii</i>             |  | South Africa | yellow & green               | 50cm          |               |  |
| <i>Albuca spiralis</i>           |  | South Africa | Green Flowers                | 50cm          | Bulb          | Flowers                                |
| <i>Albuca tricophylla</i>        |  | South Africa |                              |               | Bulb          | Flowers                                |
| <i>Aloe barbadensis</i>          | Lily of the desert, Aloe vera  | Africa       | Yellow / orange              | 30cm          | Aloe          |  |
| <i>Aloe kedongensis</i>          |  | Kenya        | Red                          | 3.6m          | Aloe          |  |
| <i>Aloe spp.</i>                 | Assumed other species will be ok, but now known at this stage                        |              |                              |               |               |  |
| <i>Alternanthera repens</i>      | Papertorn  |              |                              |               | Weed          |  |
| <i>Arctotis fastuosa</i>         | African daisy  | Africa       | White                        | 40cm          | Perennial     |  |
| <i>Arctotis hybrida</i>          | African daisy  | Africa       | Red                          | 60cm          | Perennial     |  |
| <i>Arctotis venusta</i>          | Blue Eyed Africa Daisy   | Africa       | Blue                         | 40cm          | Perennial     |  |
| <i>Barleria greenii</i>          | Wild Bush Petunia / Greens Barleria  | Natal        | Violet                       | 1.5m high     | Tree / Bush   | Presumed OK as rest of the species are |

|                               |   |              |                                       |       |                 |  |
|-------------------------------|---|--------------|---------------------------------------|-------|-----------------|--|
| <i>Barleria obtusa</i>        | Bush Violet                                     | Africa       | Violet                                | 1.8m  | Tree / Bush     |  |
| <i>Barleria repens</i>        | Small Bush Violet                               | South Africa | Purple / orange                       | 1.0m  | Bush            |  |
| <i>Bauhinia blakeana</i>      | Camels Foot                                     | Exotic?      | Purple                                | 6-12m | Tree / Bush     | Presumed OK as rest of the species are |
| <i>Bauhinia corymbosa</i>     | <i>Bauhinia corymbosa</i>                       | Exotic?      | Pink & White                          | 4m    | Climber         | Presumed OK as rest of the species are |
| <i>Bauhinia galpinii</i>      | Pride of the cape                               | South Africa | Orange                                | 3m    | Tree / Bush     |  |
| <i>Bauhinia natalensis</i>    | Natal Bauhinia                                  | Natal        | White                                 | 2-3m  | Shrub           |  |
| <i>Bauhinia tomentosa</i>     | Yellow Bell Bauhinia                            | South Africa | Yellow                                | 2m    | Shrub           |  |
| <i>Berula erecta</i>          |   |              |                                       |       |                 |  |
| <i>Bulbine alooides</i>       | <i>Bulbine alooides</i>                         | South Africa | Yellow                                | 30cm  | Perennial       | Presumed OK as rest of the species are |
| <i>Bulbine frutescens</i>     | Stalked Bulbine                                 | South Africa | Yellow / orange                       | 30cm  | Perennial       | Presumed OK as rest of the species are |
| <i>Bulbine natalensis</i>     |   |              |                                       |       |                 |  |
| <i>Bulbinella latifolia</i>   | Geelkatstert \ Cat's Tail                       | South Africa | Yellow                                | 1m    | Perennial       |  |
| <i>Callisia elegans</i>       |   |              |                                       |       |                 |  |
| <i>Callisia repens</i>        | Golliwog / Miniature Turtle Vine (Ground Cover) |              |                                       |       |                 |  |
| <i>Canna's</i>                | <i>Canna's</i>                                  |              |                                       |       |                 |  |
| <i>Carissa spp.</i>           | Num-Num   |              |                                       |       |                 |  |
| <i>Chlorophytum comosum</i>   | variegated hen & chicken / Spider Plant         | South Africa | White                                 | 20cm  | Perennial       |  |
| <i>Colocasia spp</i>          |   |              |                                       |       |                 |  |
| <i>Cotyledon</i>              | (most types)                                    |              |                                       |       |                 |  |
| <i>Cotyledon orbiculata</i>   | (green variety)                                 |              |                                       |       |                 |  |
| <i>Diascia spp.</i>           |   |              |                                       |       |                 |  |
| <i>Dimorphotheca sinuata</i>  | Namaqualand daisy                               | South Africa | Orange / Yellow                       | 20cm  | Annual          |  |
| <i>Echeveria agavoides</i>    |   |              |                                       |       |                 |  |
| <i>Echeveria coccinea*</i>    |   |              |                                       |       |                 |  |
| <i>Echeveria elegans*</i>     |   |              |                                       |       |                 |  |
| <i>Echeveria fimbriata*</i>   |   |              |                                       |       |                 |  |
| <i>Erica diaphana</i>         | <i>Erica diaphana</i>                           | South Africa | Pink - Purple                         | 1.8m  | Perennial Shrub |  |
| <i>Erica retorta</i>          | <i>Erica retorta</i>                            | South Africa | Pink                                  | 60cm  | Perennial Shrub |  |
| <i>Eriosephalus africanus</i> |   |              |                                       |       |                 |  |
| <i>Eugenia uniflora</i>       | Surinam Cherry                                  |              |                                       |       |                 | Fruits                                 |
| <i>Gazania krebsiana*</i>     |   |              |                                       |       |                 |  |
| <i>Geranium incanum</i>       | Carpet Geranium                                 | South Africa | Blue - Pink                           | 40cm  | Perennial       |  |
| <i>Gerbera jamesonii</i>      | Barbeton daisy                                  | South Africa | red / pink / purple / orange / yellow | 60cm  | Perennial       |  |
| <i>Gladiolus spp.</i>         | Gladiola  |              |                                       |       |                 |  |
| <i>Graptoveria bellum</i>     |   |              |                                       |       |                 |  |
| <i>Graptoveria debbi</i>      |   |              |                                       |       |                 |  |
| <i>Grielum humifusum</i>      |   |              |                                       |       |                 |  |
| <i>Hermannia trifurca</i>     | Hermannia                                       |              |                                       |       |                 |  |
| <i>hibiscus</i>               | Indigenous red leaf                             | South Africa |                                       |       |                 |  |
| <i>Hibiscus rosa-sinensis</i> | Hibiscus (23 other varieties)                   | Exotic?      | varies                                | 2-5m  | Shrub           | leaves & flowers                       |

|  |  |              |   |         |                       |                |
|--|--|--------------|---|---------|-----------------------|----------------|
| <i>Impatiens new guinea</i>              | Impatiens New Guinea   | Exotic?      | Pink, red, salmon, lavender or white    | 35cm    | Perennial             |                |
| <i>Impatiens walleriana</i>              | Busy Lizzie  | Exotic?      | Red, white, pink, orange                | 45cm    | Annual                |                |
| <i>Kalanchoe beharensis</i>              |  |              |   |         |                       |                |
| <i>Kalanchoe blossfeldiana</i>           | Kalanchoe Blossfeldiana Hybrids  | Exotic?      | Red / Pink / Yellow                     | 30cm    | Perennial             |                |
| <i>Kalanchoe fedtschenkoi</i>            |  |              |   |         |                       |                |
| <i>Kalanchoe rhombopilosa</i>            |  |              |   |         |                       |                |
| <i>Kalanchoe tomentosa</i>               |  |              |   |         |                       |                |
| <i>Kalanchoe tubiflora</i>               |  |              |   |         |                       |                |
| <i>ladismithensis</i>                    |  |              |   |         |                       |                |
| <i>Lampranthus spp.</i>                  | Lampranthus aureus - with orange flowers; Lampranthus blandus - pale pink; Lampranthus coccineus - bright purple red; Lampranthus glaucus - canary yellow; and Lampranthus coralliflorus - | South Africa | as stated left                          | 5-75cm  | Perennial Succulent   |                |
| <i>Ledebouria drimiopsis</i>             |  |              |   |         |                       |                |
| <i>Lederbouria spp*</i>                  |  |              |   |         |                       |                |
| <i>Lippia*</i>                           |  |              |   |         |                       |                |
| <i>Lobularia maritima</i>                | Alyssum or sweet Alice   |              |   |         |                       |                |
| <i>Mackaya bella</i>                     | Forest Bell  |              |   |         |                       |                |
| <i>Malvaviscus arboreum</i>              | Fire-dart bush   |              |   |         |                       | Flowers        |
| <i>Mesembryanthemum</i>                  | ice plant  |              |   |         |                       |                |
| <i>Mimula luteus &amp; cupreus</i>       |  |              |   |         |                       |                |
| <i>Morus</i>                             | Mulberry   |              |   |         |                       |                |
| <i>Nasturtium officinale</i>             | Watercress   | Exotic?      | White                                   | 15cm    | Annual                |                |
| <i>Nylandtia spinosa</i>                 | Skilpadbessie  |              |   |         |                       |                |
| <i>Odontonemia strictum</i>              | cardinals cloak  |              |   |         |                       |                |
| <i>Opuntia spp.</i>                      | Prickly pear & similar species   |              |   |         |                       | Fruit & leaves |
| <i>Petunia x hybrida</i>                 | Petunias   | Exotic?      | red, pink, purple, blue, white & yellow | 15-30cm | Annual                |                |
| <i>Pilia spp.</i>                        |  |              |   |         |                       |                |
| <i>Plectranthus ambiguus</i>             | Large flowered Plectranthus  | South Africa | Dark Purple                             | 30-70cm | Perennial Groundcover |                |
| <i>Plectranthus ciliatus</i>             | Speckled Spur Flower   | South Africa | White                                   | 20-30cm | Perennial             |                |
| <i>Plectranthus ecklonii</i>             | Large Spur-Flower Bush \ Mauve Plectranthus  | South Africa | Pink / White / Blue / Purple            | 1.5m    | Shrub                 |                |
| <i>Plectranthus fruticosus</i>           | Forest Spur Flower \ Pink Fly Bush   | South Africa | Pink / Blue - purple                    | 1.25m   | Shrub                 |                |
| <i>Plectranthus madagascariensis var</i> | Madagascar Spur Flower   | South Africa | White                                   | 0.15m   | Perennial Groundcover |                |
| <i>Plectranthus neochilus</i>            | Lobster Flower \ Blue Coleus   | South Africa | Blue                                    | 0.3m    | Perennial Groundcover |                |
| <i>Plectranthus saccatus</i>             | Stoep Jacaranda  | South Africa | Pale Purple                             | 0.5     | Shrub                 |                |
| <i>Portulacca*</i>                       |  |              |   |         |                       |                |
| <i>Russelia juncea</i>                   | coral plant  |              |   |         |                       | Flowers        |
| <i>Sansevieria spp.</i>                  | Short varieties  |              |   |         |                       |                |
| <i>Schlumbergera spp</i>                 |  |              |   |         |                       |                |
| <i>Stellaria spp.</i>                    | Chickweed  |              |   |         |                       |                |

|   |                        |              |              |        |             |                  |
|---|------------------------|--------------|--------------|--------|-------------|------------------|
| <i>Syzygium paniculatum</i><br>"globozum"                     | Dwarf Eugenia          | Exotic?      | White        | 1m     | Shrub       |                  |
| <i>Syzygium paniculatum</i><br>(= <i>Eugenia myrtifolia</i> ) | Eugenia \ Brush Cherry | Exotic?      | Creamy White | 5m     | Tree / Bush | Fruits           |
| <i>Testudinaria elephantipes</i>                              |                        |              |              |        |             |                  |
| <i>Testudinaria macrostachya</i>                              | tortoise plant         |              |              |        |             |                  |
| <i>Tradescantia*</i>  | wandering Jew          |              |              |        |             |                  |
| <i>Zantedeschia aethiopica</i>                                | Arum Lily              | South Africa | White        | 0.6-1m | Bulb        | Leaves Only      |
|   | Endives                |              |              |        |             |                  |
|   | Ifafa lilly            |              |              |        |             |                  |
|   | Painted Lady*          |              |              |        |             |                  |
|   | Papaya or Pawpaw       |              |              |        |             | Leaves           |
|   | Sunflowers             |              |              |        |             | Flowers & leaves |
|   | Violets                | Africa       |              |        |             |                  |
|   | White and blue Mazus*  |              |              |        |             |                  |

**GRASSES**

|                                 |                             |  |  |  |  |  |
|---------------------------------|-----------------------------|--|--|--|--|--|
| Alfalfa                         | Lucerne                     |  |  |  |  |  |
| <i>Cynodon dactylon</i>         | Couch grass                 |  |  |  |  |  |
| <i>Digitaria sanguinalis</i>    | Crab finger grass           |  |  |  |  |  |
| <i>Digitaria swazilandensis</i> | Swazi grass                 |  |  |  |  |  |
| <i>Echinochloa crus-galli</i>   | Barnyard grass              |  |  |  |  |  |
| <i>Ehrhartacalycina</i>         | Veld grass                  |  |  |  |  |  |
| <i>Eragrostis lehmanniana</i>   | Eastern Province vlei grass |  |  |  |  |  |
| <i>Eragrostis pseudo-obtusa</i> | Dew grass                   |  |  |  |  |  |
| <i>Hordeum murinum</i>          | Mouse barley grass          |  |  |  |  |  |
| <i>Lolium temulentum</i>        | Darnel rye grass            |  |  |  |  |  |
| <i>Paspalum dilatatum</i>       | Dallas grass                |  |  |  |  |  |
| <i>Pennisetum clandestinum</i>  | Kikuyu grass                |  |  |  |  |  |
| <i>Poa annua</i>                | Wintergrass                 |  |  |  |  |  |
| <i>Schmidtia kalahariensis</i>  | Bushman grass               |  |  |  |  |  |
| <i>Sporobolus africanus</i>     | Dropseed grass              |  |  |  |  |  |
| <i>Stenotaphrum secundatum</i>  | Buffalo grass               |  |  |  |  |  |
| <i>Tragus racemosus</i>         | Carrot grass                |  |  |  |  |  |
| <i>Urochloa pantcooides</i>     | Beesgras                    |  |  |  |  |  |

**WEEDS**

|                               |                          |              |  |  |  |  |
|-------------------------------|--------------------------|--------------|--|--|--|--|
| <i>Arctotheca calebdula</i>   | Cape marigold            |              |  |  |  |  |
| <i>Cerastium capensi</i>      | Cape chickweed           |              |  |  |  |  |
| <i>Cnicus benedictus</i>      | Thistle                  |              |  |  |  |  |
| <i>Commelina benghalensis</i> | Wandering Jew            | South Africa |  |  |  |  |
| <i>Galinsoga parviflora</i>   | Small flowered quickweed |              |  |  |  |  |

|                             |                                  |  |  |  |  |                |
|-----------------------------|----------------------------------|--|--|--|--|----------------|
| <i>Plantago lanceolata</i>  | Buckhorn, narrow leafed plantain |  |  |  |  |                |
| <i>Plantago major</i>       | Broad leafed plantain            |  |  |  |  |                |
| <i>Rubus cuneifolius</i>    | Sand bramble                     |  |  |  |  |                |
| <i>Silybum marianum</i>     | Blessed milk thistle             |  |  |  |  |                |
| <i>Taraxacum officinale</i> | Dandelion most important         |  |  |  |  |                |
| <i>Tribulus terrestris</i>  | common dubbeltjie                |  |  |  |  |                |
| <i>Trifolium repens</i>     | white clover                     |  |  |  |  | Toxic when dry |
| <i>Trifolium spp.</i>       | Clover                           |  |  |  |  |                |

**High Oxalates**

|                                |                             |              |                    |         |           |  |
|--------------------------------|-----------------------------|--------------|--------------------|---------|-----------|--|
| <i>Amaranthus</i>              | pigweed                     |              |                    |         |           |  |
| <i>Begonia coccinea</i>        | Angelwing Begonia           | Exotic?      | Coral Red          | 1.2m    | Perennial |  |
| <i>Begonia elatior hybrids</i> | Begonia elatior hybrids     | Exotic?      | Varies             | 30-40cm | Annual    |  |
| <i>Begonia fuchsioides</i>     | Fuchsia Begonia             | Exotic?      | Red - pink         | 75cm    | Shrub     |  |
| <i>Begonia metallica</i>       | Metallic-leaf Begonia       | Exotic?      | Pink               | 90cm    | Perennial |  |
| <i>Begonia rex</i>             | King / Painted-Leaf Begonia | Exotic?      | Pink               | 25cm    | Rhizome   |  |
| <i>Begonia semperflorens</i>   | Bedding Begonia             | Exotic?      | Pink / red / white | 20cm    | Annual    |  |
| <i>Crassula perfoliata</i>     | Sickle Crassula             | South Africa | Scarlet Red        | 30cm    | Perennial |  |
| <i>Oxalis spp</i>              |                             |              |                    |         |           |  |
| <i>Sedum frutescens</i>        |                             |              |                    |         |           |  |
| <i>Sedum morganianum</i>       |                             |              |                    |         |           |  |